

PROTEIN SMOOTHIE

SOY MILK +0.9 | ALMOND MILK +0.9

- bangin' mango** *fav!* 12.9
banana, mango, vanilla yogurt, vanilla gelato, whey isolate & milk
- honey avocado** 12.9
smashed avocado, banana, chia seeds, honey, vanilla gelato, whey isolate & milk
- peanut butter** *contains nuts* 12.9
banana, peanut butter, vanilla bean, vanilla gelato, whey isolate & milk
- strawberry & banana** 12.9
strawberries, banana, vanilla yogurt, vanilla gelato, whey isolate & milk

FRESH JUICE

- green detox** 10.9
apple, celery, cucumber, kale, baby spinach, mint, lemon & ginger
- super detox** 10.9
carrot, beetroot, apple, orange, celery, lemon & ginger
- vitamin c booster** 10.9
orange, pineapple, strawberries, lemon & lime
- watermelon breeze** 10.9
watermelon, coconut water, lemon & mint

All care is taken in our kitchen, however traces of gluten, nuts and dairy may be present.

Please advise your waiter of any allergies or dietary requirements.

We do not accept responsibility for unfavourable outcomes when modifying dishes.

All meat products are halal-certified.

A 10% SURCHARGE APPLIES ON SUNDAYS AND PUBLIC HOLIDAYS | A 1.5% SURCHARGE APPLIES TO ALL CARD TRANSACTIONS

fav! - Indicates some of our favourite items on the menu.



VIP MEMBERSHIP
7% OFF FOR LIFE.

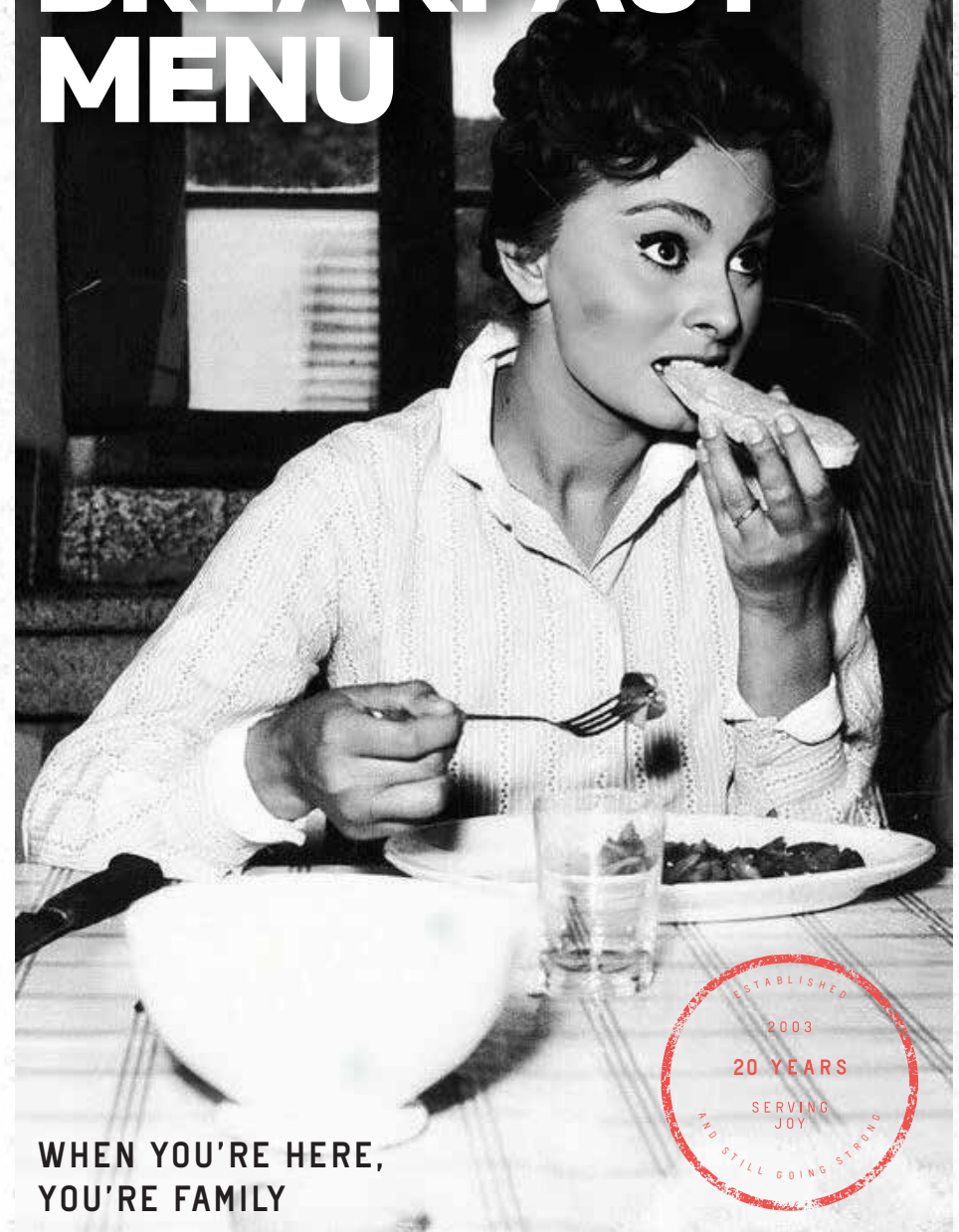
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BREAKFAST MENU



WHEN YOU'RE HERE,
YOU'RE FAMILY

BRUSCHETTA & EGGS

avo & eggs bruschetta

woodfired Italian bread w/ smashed feta avocado, heirloom cherry tomatoes, watermelon raddish & poached eggs

rustico bruschetta

woodfired italian bread, bacon, sauteed forest mushrooms, hemp seeds & poached eggs

monte cristo bruschetta *fan!*

woodfired italian bread, w/ smashed feta avocado, grilled halloumi, roasted tomato & poached eggs

eggs benedetto

woodfired italian bread w/ baby wilted spinach & poached eggs with hollandaise sauce, choice of bacon or ham or smoked salmon

caprese bruschetta

woodfired italian bread, heirloom tomatoes, basil, balsamic glaze & bufala mozzarella

smokin bruschetta

woodfired italian bread, bruschetta mix, atlantic smoked salmon & poached eggs

fig & ricotta bruschetta *contains nuts*

woodfired italian bread w/ fresh figs, ricotta, pomoegranate, honey & pistachios (add +4.9 poached eggs)

crinitis bruschetta *fan!*

woodfired italian bread w/ smashed feta avocado, bacon, roasted tomatoes, hollandaise sauce, sprinkled paprika, sesame seed & poached eggs (chilli optional)

eggs on bruschetta

woodfired italian bread w/ your choice of poached or scrambled or fried eggs

PANCAKES

nutella pancakes *contains nuts fan!*

thick pancake w/ nutella & caramelised banana, strawberry, oreo crumbs served w/ vanilla gelato & chantilly cream

ricotta pancakes *contains nuts*

thick pancake w/ ricotta, honey, seasonal fruits, chocolate crumbs, pistachios, served w/ vanilla gelato & chantilly cream

oreo pancakes *fan!*

thick pancake w/ crumbled oreo, chocolate wafer & strawberries, served w/ vanilla gelato & vanilla anglaise

very berry pancakes *fan!*

thick pancake w/ berry compote, cherry ripe, mixed berries, white choc fudge & fairy floss, served w/ vanilla gelato & chantilly cream

savory pancakes

thick corn pancake w/maple bacon, italian sausages, mushrooms, served w/ vanilla gelato

EXTRAS

2 eggs / hashbrown / bread (gluten free +2.90)

mushrooms / asparagus / bacon / ham / grilled tomato

smoked salmon / bufala mozzarella/ sausage/

smashed avocado w/ feta / halloumi

sauces and dips

BIG BREAKFAST & OMELETTES

italiano breakfast *fan!*

eggs your way w/ smashed feta avocado, smoked ham, roasted tomato, italian sausages, prosciutto, salami, crumbed eggplant, served w/ woodfired italian bread

australian breakfast

eggs your way w/ smashed feta avocado, bacon, sautéed mushrooms, italian sausage, hashbrown, sliced veal, roasted tomato & woodfired italian bread, served w/ chips & dips

sophia's breakfast *fan!*

eggs your way w/ smashed feta avocado, bacon, sautéed mushrooms, italian sausage, asparagus, baby spinach, grilled halloumi, roasted tomato & woodfired Italian bread, served w/ chips & dips

mamma's omelette *fan!*

semi-dried tomatoes, mushrooms, red onion, eggplant, shallots & parmigiano, served w/ woodfired italian bread

nonna's omelette

gorgonzola, scamorza, mozzarella & parmigiano, served w/ woodfired italian bread

rustico omelette

italian house sausages, rosemary potato & parmigiano, served w/ woodfired italian bread

MORE BREAKFAST +

healthy breaky

beetroot feta, mushrooms, sauteed kale, tomato, cucumber, halloumi, quinoa, avocado, asparagus, served with poached egg

egg on plant *fan!*

greek yogurt, crumbed eggplant, chilli oil, fried leek, served w/ toasted bread & poached eggs

granola fruit bowl *contains nuts fan!*

homemade granola w/ berry yogurt, seasonal fruits, fresh berries, almond flakes & roasted pepitas (add chocolate sauce \$0.9)

mediterranean hot pot

cannellini beans, cherry tomato, italian sausage, spinach, tomato sugo, served w/ woodfired italian bread & poached eggs

breakfast burger

milk bun, aioli, hashbrown, bacon, fried eggs, cheese sauce, peri peri sauce, served w/ chips & dips

SHAKES

SOY MILK +0.9 | ALMOND MILK +0.9 | MAKE THICKSHAKE +2.9

traditional milkshakes served with whipped cream

banana

caramel

chocolate

strawberry

vanilla

LOADED THICKSHAKES

SOY MILK +0.9 | ALMOND MILK +0.9

banana caramel

salted caramel, banana, vanilla gelato & milk topped with butterscotch sauce, wafer biscuits, caramelised banana & marshmallows

nutella bomboloni *contains nuts fan!*

nutella, vanilla gelato & milk topped with a nutella bombolani donut

oreo smash *fan!*

oreos, chocolate, vanilla gelato & milk topped with oreos & whipped cream

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